



Transition and Community Services Description and Fees

Planning for the future while people participate in the Gould Farm therapeutic community brings not only hope, but builds confidence and supports recovery. Guests are assisted with transition preparation and planning by our clinical team and transition counselor, while residing at the Farm in Monterey. We offer **three levels of support** for those transitioning to and living in the community.

Residential Transition Program at Fellside or O'Connell House

Rate is \$215 per day

We have two transitional community living options, **O'Connell House**, located on the farm property, and **Fellside**, located in the Boston area. Both residences provide an opportunity for individuals to further their skills of independent living before they venture into apartments, jobs, school etc. on their own. While living in O'Connell House or Fellside, residents further their involvement in the broader community through volunteer work, paid employment or continuing education and wellness activities. **Direct admission to Fellside** is available for eligible applicants who have participated in other programs and are ready for their next step in recovery.

- Residents are assigned a clinician or case manager and work towards the goal of 30 hours per week of structured activities including school, volunteering, employment and wellness activities;
- Residents are assisted with skills including: time management, organization, cooking, nutrition, exercise, medication management, budgeting, public transportation and more;
- Weekly meetings with clinician/case manager;
- 24-hour on-call for emergencies;
- Evening community meals and activities;
- Weekly house meeting;
- Family check-ins and family meetings;
- Private room with shared bath
- Room and board

Supported Transition Program

Rate is \$1,250 per month

Non-residential support level of services is available for those moving from Fellside or O'Connell House into an apartment or other residence. Supported Transition services are available for whatever time frame is necessary to help someone get "settled" into their own apartment or other community living situation. Supported Transition services include regular meetings with clinical and

program staff and participation in community activities for ongoing support, social and recreation activities.

- Weekly meeting with case manager/clinician;
- Vocational assistance and support (including continued work therapy on the Farm when residing in the Berkshires)
- Participation in groups that support ongoing recovery;
- Collaboration with treatment providers and family;
- Interface with housemates & landlord as needed;
- On-call support as needed;
- Weekly community meals and activities at Fellside or O'Connell House;

Extended Community Program

Rate is \$600 per month

This service is available on a long term basis and includes ongoing staff support, social and recreation activities.

- Weekly meeting with case manager/clinician;
- Participation in groups that support ongoing recovery;
- Weekly community meals and activities at Fellside or O'Connell House;
- On-call support as needed;
- Residential option is available at Fellside for those seeking to live in community, but needing minimal ongoing staff support. Room and board charges of \$1,300 per month in addition to monthly rate apply.

Additional services are available on an as needed basis (for example during a change in school or work) and may include Individual vocational services, and case management services for a fee of \$50 per hour and individual therapy for a fee of \$120 per hour.

Respite Program

Rate is \$200 per day

Respite is available both at Fellside and on the Farm for participants in the Supported Transition or Extended Community programs who need a brief stay of 14 days or less in order to stabilize during a crisis or difficult time. Respite services are charged on a daily fee-for-service basis. Supported Transition and Extended Community participants are also granted priority re-admission to the Farm program.