



Transition and Community Services Description and Fees

Planning for the future while people participate in the Gould Farm therapeutic community brings not only hope, but builds confidence and supports recovery. Guests are assisted with transition preparation and planning by our clinical team and transition counselor, while residing at the Farm in Monterey. We offer **three levels of support** for those transitioning to and living in the community.

Transition Residential Program

We have two transitional community living options, **O'Connell House**, located on the farm property, and **Fellside**, located in the Boston area. Both residences provide an opportunity for individuals to further their skills of independent living before they venture into apartments, jobs, school etc. on their own. While living in O'Connell House or Fellside, residents further their involvement in the broader community through volunteer work, paid employment or continuing education and wellness activities. **Direct admission to Fellside** is available for eligible applicants who have participated in other programs and are ready for their next step in recovery.

- Residents are assigned a case manager and work towards the goal of 30 hours per week of structured activities including school, volunteering, employment and wellness activities;
- Residents are assisted with skills including: time management, organization, cooking, nutrition, exercise, medication refilling, budgeting, public transportation and more;
- Weekly meetings with case manager;
- 24-hour on-call for emergencies;
- Evening community meals and activities;
- Weekly house meeting;
- Family check-ins and family meetings;

Transition Residential Program Rates for Fellside and O'Connell House

\$200 per day

- Private room with shared bath
- Room and board
- Case management
- 24-7 on call
- Community activities

Supported Transition Program - for those completing residential and moving into an apartment.

Supported Transition services are available for whatever time frame is necessary to help someone get “settled” into their own apartment or other community living situation. Supported Transition services include ongoing case management, regular meetings with clinical and program staff and participation in community activities for ongoing socialization, recreation and support.

- Life skills assistance;
- Assistance with obtaining entitlements;
- Vocational assistance and support;
- Collaboration with treatment providers and family;
- Interface with housemates & landlord as needed;
- Weekly community meals and activities at Fellside or O’Connell House;
- Weekly meeting with case manager/clinician
- Regular check-ins and home visits.

Supported Transition Program Rate

\$1,000 per month

Extended Community Program

This service is available on a long term basis and includes ongoing staff support, social and recreation activities.

- Weekly community dinner at Fellside and O’Connell House;
- Weekly meeting/check-in with case manager/clinician;
- On-call support as needed;
- Residential option is available at Fellside for those seeking to live in community, but needing minimal ongoing staff support. Room and board charges apply.

Extended Community Program Rate

\$500 per month

Respite Program

Respite care is available both at Fellside and on the Farm for participants in the Supported Transition or Extended Community programs who need a brief stay of 14 days or less in order to stabilize during a crisis or difficult time. Respite services are charged on a daily fee-for-service basis. Supported Transition and Extended Community participants are also granted priority re-admission to the Farm program.